



Orders are recommended 48-72 hours prior to stay. Offerings are subject to seasonal availability and limited quantities.

Provision Menu

BLUE RIDGE BREAKFAST FOR TWO | \$35

Fresh pastries, seasonal fruit, jam & butter, coffee & tea essentials

Add to Breakfast:

Farm Fresh Eggs (1/2 dozen) - \$6

Applewood Bacon - \$8

Country Sausage - \$10

Seasonal Quiche / Savory Breakfast Bake (serves 2-4) - \$20

Fresh-Pressed Juice - \$12

CHARCUTERIE & CHEESE BOARD | \$40

Grana Padano, French bri and dill Havarti; assorted dried and fresh fruit, genoa salami, prosciutto, Chianti, pickles, almonds, apricot jam, and a warm baguette (serves 2-4)

SUNRISE INDULGENCE DELUXE | \$95

Includes:

Bottle of Sparkling Rosé

Charcuterie & Cheese Board

Blue Ridge Breakfast

Fresh-Pressed Juice

Restorative Rituals

WELLNESS BASKET | \$55

A curated wellness basket designed for intentional rest and relaxation, featuring eye masks, premium herbal tea bundles, locally crafted goat milk soap bars, and a luxurious body oil to soothe and restore.

FIRELIGHT SOAK | \$35

A thoughtfully curated bath and shower ritual featuring bath bombs and aromatherapy shower steamers, soft candlelight, and intentional touches designed to transform your master bath into a self-guided spa experience.

Private Sessions

To ensure availability, private sessions are recommended to be reserved at least one month in advance.

PRIVATE SOUND BATH

\$375 for a 75-minute private sound bath for up to 6 participants:

A deeply restorative, intimate sound experience designed to calm the nervous system and gently reset the mind and body. Perfect for small groups seeking quiet connection, relaxation, and shared renewal.

COUPLES SOUND & STRETCH EXPERIENCE

\$375 for a 90-minute private couples experience:

A personalized, heart-centered wellness session blending gentle guided stretch (yoga), reflective journaling, and an immersive sound bath. Designed to deepen connection, encourage intention-setting, and leave you both feeling grounded, open, and restored. Customizable to your energy and focus.